

Feeling ill – Vocabulary Pre Intermediate

1

When was the last time you had a bad cold or flu? What were your symptoms?

2

Look at the symptoms below. Match the phrases with the symptoms. For example, *I've got a headache*.

Phrase beginnings

Symptoms

I can't stop
 I've got
 I feel

a headache
 tired
 shivering
 a sore throat
 a bad cough
 a runny nose sick

stomachache
 weak
 sneezing
 ill
 awful
 a high temperature

3

Work with a partner. Describe one of the illnesses below using the symptoms in exercise 2. Can your partner guess which illness you are describing?

flu a hangover a stomach bug hay fever

4

Derek is ill. Read the description of his symptoms. What is wrong with him?

I've got a terrible headache and a very high temperature. I feel tired and weak. I can't eat anything and I have no energy. I feel hot all the time but I can't stop shivering. I've got a runny nose and a sore throat. I don't know what to do. I feel really awful.

Now imagine you are a doctor. Which of the following is good advice for Derek? Choose from the list below.

You should go to bed
 You should go jogging
 You should go to hospital
 You should go to work
 You should take vitamins

You should take an aspirin
 You should take some medicine
 You should drink water
 You should eat soup
 You should eat chips

5

Work in pairs. One of you is ill. Decide what is wrong with you, and what your symptoms are. One of you is a doctor. Think about what sort of advice you can give. When you are ready, roleplay the doctor/patient situation.

The doctor begins by saying: *What's the matter?*