



HOLIDAY FOOD AND EATING



1. What do you know about Thanksgiving?

How much do you know about the holiday of Thanksgiving? Listen to the teacher. Then make some notes and compare with a partner.

2. A Thanksgiving Menu

Look at this menu for an American Thanksgiving dinner. Find the following:

3 kind of meat:

5 vegetables:

2 fruits:

2 ways of preparing food:

2 dessert words:

A THANKSGIVING MENU

Corn and Rice Soup with Sausages

Roast Turkey with Butter

Bread Stuffing with Mushrooms and Bacon

Cranberry Sauce with Honey

Roast Potatoes with Mustard and Cheddar
Cheese

Green Beans with Roasted Onions

Baked Squash with Apples

Lettuce Salad

Pumpkin Pie with Vanilla Ice Cream

California White Wine

Still or Sparkling Mineral Water

Coffee or Tea

2. Holiday Foods

Ask and answer these questions in pairs.

- ✗ Do you have a holiday like Thanksgiving in your country? Is there a time of year when people are thankful for the things they have?
- ✗ What are the important holidays in your country? Do people eat a lot at these holidays?
- ✗ What is a typical holiday dish? What are the ingredients?
- ✗ Who does most of the work for a holiday meal (shopping, cooking, cleaning up) in your family?
- ✗ Do you have any family traditions at holiday meals? Do you play any games before or after a big holiday meal?
- ✗ Do you enjoy important holidays when people all come together for a big meal? Why or why not?

3. Holiday Stress!

For many Americans, the holiday of Thanksgiving can be very stressful! Here are some typical problems that people face when they have to organise or go to a big family reunion. What advice would you give them?

Every time we have a big holiday like this, I always have to do everything: the shopping, the cooking and often the washing up afterwards! I'm fed up with it, but every time I ask the family to help they say yes and then find excuses not to do anything! I sometimes feel like not doing anything for the next big holiday! What do you suggest?

My new boyfriend and I have been together for a few months, and I really want him to meet my family. I have invited him to the next big holiday meal with my whole family, but he says he feels really nervous about going. What can I do to convince him to come and make him feel more relaxed!

My Aunt Mary and my Uncle Jack really don't like each other, and every time we have a family meal they argue like crazy! But we have to invite them every year. What should I do? Do I invite one and not other?

I have been invited to meet my new girlfriend's family for a big holiday meal. I'm very nervous! Do you think I should bring a gift? Does anyone have some good advice for me?

My mother-in-law is coming to the big holiday meal this year, and I'm really worried. She always has some comment to make about the way the food is prepared, and she always tells me what to do. I don't want to have a fight with her, but what should I do?