



Level	1:	Elementary
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1	Warmer

- a. Discuss the following questions in pairs.
  - Do you cycle to work or school? Why or why not?
  - · What do you think stops people from cycling in city centres?

## 2 Key words

b.

a. Find the words in the wordpool in the article. Then match them to the definitions.

	paths afraid	joy	opt for urban	routes	transporting
1.	people who live in or come from Sydney, Australia				
2.	moving people or goods over short distances				
3.	describing towns and cities rather than the countryside				
4.	ways or tracks that people or vehicles can travel along				
5.	plans that you use to get from one place to another				
6.	happiness				
7.	to choose; select from different options				
8.	scared; nervous and anxious				
9.	. the feeling that you can do something well				
10.	0. helps someone to feel that they can do something				
Complete the sentences with words from the previous activity.					
1.	It's usual for paren	its to feel		when their childre	en are born.
2.	More people now		public	transport rather than	buying cars.
3	We use this compa	any for		food from our farms	to supermarkets







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4.	Most	enjoy spending weekends at the beach during summer.	
5.	Many young people are moving to _	areas to find a job.	
6.	My dad always	me and tells me not to give up.	
7.	The park has several	that go from the forest to the lake.	
8.	My satnav suggested two different _	to get to the town centre.	
9.	You need	to give a presentation in English.	
10.	l'm	of spiders! I can't stand them!	





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### Clare Watson 17 October, 2025

- On a trip to Vienna, we watched parents cycle along the city's bike paths on electric bikes, with bags, groceries and kids. We bought a bike of our own and I was surprised how quickly our car trips became bike rides.
- 2 Can we make our streets safer so that more people will use cargo ebikes? I spoke to a few people to find out.

#### 3 A Replacing short car trips

Driving less is the main reason people choose ebikes. Sometimes they want to save money, or be more environmentally friendly, or exercise more. E-cargo bikes are perfect for short trips between 2 and 6 kilometres, says Elliot Fishman of the Institute for Sensible Transport. In many urban areas, ebikes "will be the fastest way that you can get from point A to point B", he says.

4 Sydneysiders take about 4 million car trips under 4 kilometres every day. E-cargo bikes, therefore, have an important role to play.

### 5 B Scout your route

To find out what cargo ebike is right for you, Fishman suggests looking at the type of trips you take each week that are between 2 and 6 kilometres. Then, find routes you could safely ride. Jon Lindley, my neighbour, suggests building confidence by starting with short trips on a weekend when there's less traffic. Check if places have somewhere you can park your bike. You'll also need somewhere safe to store the bike at home.

### 6 C Try before you buy

Ebikes can be expensive, so you'll want to find the right one for you. Bikes that carry things at the front are good for transporting young kids, Fishman says, because the rider can see and talk to their little passengers easily. Fishman suggests asking a bike shop if you can test a bike for at least half an hour.

#### 7 D Making streets safer

Being afraid of cycling in traffic is "the number one reason why people don't cycle", says Fishman. Creating bike-friendly paths is the cheapest, fastest and simplest way a city can make cycling safer, says Fishman. It slows traffic and helps people who don't feel comfortable on busy roads to travel by bike.

- 8 Lindley has carried his three kids around on a cargo ebike for more than 10 years.
- 9 You see the joy that the kids get out of it, the time you get to spend with them ... [and] it encourages you to use it more."

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ev	el 1:	Eleme	entary	/			
	Com	prehens	ion c	heck			
fin	d the	e article a following			e section in the ar	rticle (A, B, C or D) where you can	
1.	de	escribes h	now usii	ng bicycles rather	than cars can help	the environment?	
	Α	В	С	D			
2.	di	scusses t	he wor	ries that many ride	rs experience?		
	Α	В	С	D			
3.	รเ	uggests w	ays to t	feel more comforta	able riding a bike?		
	Α	В	С	D			
4.	re	ecommend	ds indir	ng somewhere to k	keep your bike at ho	ome?	
	Α	В	С	D			
5.	Sl	uggests pi	ractisin	g with an ebike to	see if it's suitable fo	or you?	
	Α	В	С	D			
ŀ	Cey la	anguag	е				
e.ç	j. Syd					from a city, country, place or regio tralia). Complete the endings for	'n,
		–i1	tes		-ers	-ians	
Gr	oup 1	:					
1.	Man	cun	(M	anchester, Englan	d)		
2.	Melb	ourn	(M	elbourne, Australia	a)		
3.	Paris	S	_ (Paris	s, France)			
4.	Bost	on	(Bo:	ston, USA)			





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Group 2:				
5.	London	_ (London, England)		
6.	New York	(New York, USA)		
7.	Berlin	(Berlin, Germany)		
8.	Auckland	(Auckland, New Zealand)		
Group 3:				
9.	Muscov	_ (Moscow, Russia)		
10.	Tokyo	(Tokyo, Japan)		

b. Work in pairs to add any other demonyms you know with the same endings to each group.

### 5 Discussion

- a. Discuss these questions.
  - · What are the good and bad points of using cargo ebikes instead of cars?
  - Would cargo ebikes work in your town or city? Why or why not?

## 6 In your own words

a. You are going to prepare arguments for or against the following issue: 'Cars should be banned from city centres and councils should encourage people to use bikes, ebikes and public transport.'

Write a short essay for or against this statement. Include a short introduction that describes what you want to discuss. Then give your arguments for or against. Try to add examples to each argument. Finish with short conclusions.

### (For) You may like to consider:

- · how it benefits the environment
- · how it can make health and safety better
- quality of life in city centres
- · successful examples from other cities







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why it is good for the local economy (tourism, local businesses)

### (Against) You may like to consider:

- problems with access for some people (elderly, disabled, families)
- how it can make deliveries difficult
- public transport limitations
- · individual freedom and choice
- costs and difficulties of doing this
- b. Exchange your essay with a classmate. If you disagreed: did they convince you? If you agreed, did you use the same arguments?