

## Class Management Coins

**Level:** Elementary

**Age:** Children (Primary)

**Time needed:** 5 minutes

**Aim:** To build a more positive environment through assertive alternatives and kindness

**Materials needed:** Several sets of coins

### Instructions:

- 1 Cut several sets of coins.
- 2 Explain to students how these coins will be used in class.
- 3 Have a set of coins prepared for each class.

### How to use it?

Explain to students that each coin has a cooling suggestion to help them manage their emotions and performance. It would be helpful to discuss with your class that it is understandable to feel overwhelmed, tired, upset, etc. Explain that it might be necessary to take some time out to cool down and then go back to work more comfortably. Each coin has a different task or message so that you can vary your strategies. Some of these could work with neurodivergent students so that you can apply more diverse techniques that make them feel more comfortable and confident.

Prepare several sets of coins and use them in every class. If you notice any disruptive behavior or a student that is struggling to pay attention or complete a task, give them one of the coins. It is important to keep in mind that this strategy will work only if you open a safe space in the classroom. Students should be able to work alone or in a special space apart from their classmates when necessary. They might need time out or time to focus on objects around them or on a relaxing task before they continue working. Remember to be flexible regarding class management and more empathetic to understand and take care of students' personalities and emotions. This will open a window for a more inclusive class.