

How to play?

Level: Elementary

Age: Children (Pre-Primary)

Time needed: 10 minutes

Aim: To build self-awareness while practicing vocabulary and developing communication skills

Skills: Vocabulary, Speaking

Materials needed: Frame and body parts

Follow up Activities

This activity is a great opportunity to introduce body awareness. It would have a positive impact on students to remind them that they are beautiful and that their bodies need care.

Ask students for ideas to take care of their body and stay healthy. You can include a 5-minute exercise routine at the beginning of each class.

Warm-up Tips

Before completing this activity, stand up in front of the students and explain they have to follow what you do. Give an example and raise your arm. Students should raise their arms too. If they are struggling to understand instructions, say aloud: *Raise your arm*. This will help students to review vocabulary and develop body awareness.

Instructions: The Mirror House

- Give each child a copy of the character.
- Explain to students the character represents a portrait of themselves.
- You can cut the pieces in advance or ask students to do it. Each student should have a set of body parts cutouts.
- Then ask students to paste the parts on their portraits, so that they become distorted like the faces in *The Mirror House*.
- Invite the children to share their pictures with their classmates. Decorate the classroom with their pictures.