Play and Learn Body Mirror



How to play?

Level: Elementary

Age: Children (Pre-primary)

Time needed: 10-15 minutes

Aim: Review vocabulary related to body parts while playing with movement and

communication skills

Skills: Vocabulary, Listening, Speaking

Materials needed: Body Parts die, class vocabulary song

(if possible)

Warm-up Tips

Before playing Body Mirror, introduce or review vocabulary with a song. You can use a course song or any other listening material with a catchy and repetitive melody. This way students can practice vocabulary through music and dance. Remember that movement improves memory. Students will remember body parts if they sing and touch each part with music.

Pair up: Prepare body part flashcards with pairs. Give one flashcard to each student and ask them to find their pair. Then you can ask pairs to raise their hands when you call out each body part. Example: Where are the arms? Here!

Instructions: Body Mirror

- Pair up students and give one die to each pair. If class level allows you could give them two dice to add more complexity.
- If time and level allows, give students time to paste the labels and build their own die. If not, build the die in advance.
- · Have students face each other.
- Explain that, like looking in a mirror, one student roll the die, and points out a body part in silence while the other child mimes it.
- The student who mimics should say aloud the body part they are pointing out.

- To add some competitiveness, ask students to roll the die without letting their partner to see it.
- Encourage students to move faster and change roles to set up turns.

Follow up Activities

Rhythm and chants improve memory. Combining this activity with movement, helps to create a positive association.

This activity can be used after a focused session to let students stand up, move, and relax.

Remember that the more senses are involved during learning process, the easier it is for students to retain and recall information.

