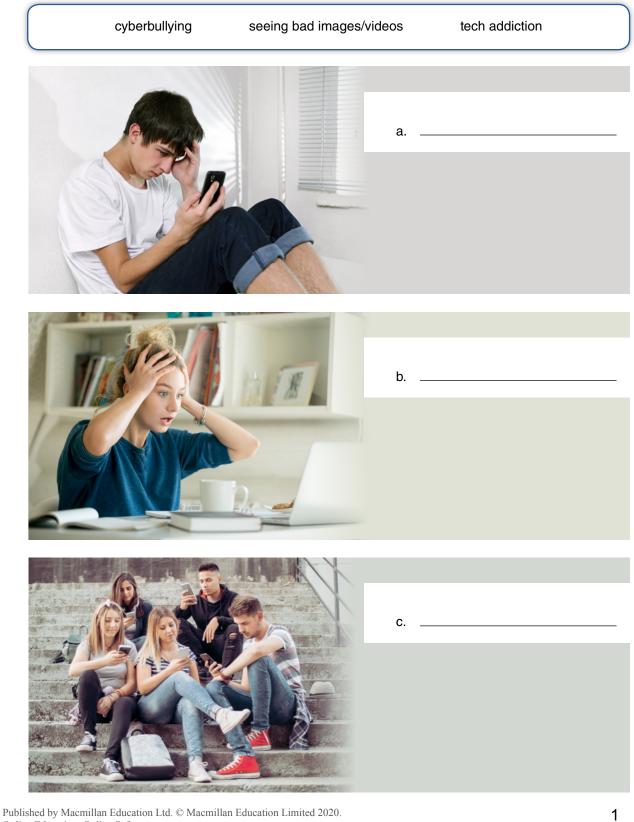## Online Safety

Look, think and share

1. **Look at the images below. What do you think they represent? Use the vocabulary in the box below to help you.**

> cyberbullying   seeing bad images/videos   tech addiction

a. _____

b. _____

c. _____

Worksheet

Online Safety

2. Have you ever had any negative experiences online that you are comfortable sharing with your group? In groups, share your ideas.

Read, think and compare

3. Read the statements and mark the survey so it's true for you.

	Always	Usually	Sometimes	Never	Notes
I keep my passwords private.					
I check information is true before I re-share it.					
I think carefully before I share pictures and videos of other people.					
I would tell a parent or a teacher if I see something upsetting online.					
I spend too much time online.					
I check my phone as soon as I wake up in the morning.					
I have my phone in my bedroom when I go to sleep.					
I check the security settings and privacy on new apps I use to keep them as private as possible.					
I accept friend/follower requests from people I don't know.					
I worry if I don't get lots of 'likes' on posts.					

4. Work in pairs or small groups and compare your answers.

Online Safety

5. Match the sentence halves to make some basic online safety tips.

1. Always keep _____
2. Talk to an adult _____
3. Don't accept _____
4. Don't use _____
5. Take care _____
6. Think carefully _____
7. Make sure you _____
8. Don't share _____

a. before posting online.

b. if you see anything upsetting online.

c. personal information online.

d. passwords private.

e. friend requests from people you don't know.

f. have a balance of screen time and other activities.

g. your phone or any electronic devices before you go to bed.

h. not to spend too much time online.

Reflect and write

6. Decide how you might improve your digital behaviour and write at least three resolutions.

Ex: *My digital resolution is to keep my phone in my bag when I go out for dinner with friends.*

1. My digital resolution is to _____

2. My digital resolution is to _____

3. My digital resolution is to _____

_____

_____

Worksheet