

Which diet?

1 Choose a diet. Don't tell your partner what it is. Answer your partner's questions.

Can you eat any chocolate?

Yes.

Can you drink any tea?

No.

2 Ask questions about your partner's diet.

Cold food diet

bread
cheese
egg (cold)
lettuce
tomatoes
cold meat
chocolate



Sweet dream diet

Eat: chocolate (50g a day)
fruit
cake

Drink: fruit juice
tea with sugar
wine

THE GREEN DIET

You can eat *You can drink*

apples water
lettuce fruit juice
tomatoes
carrots



The juice diet

orange juice
apple juice
water
tomato juice
carrot juice

**Don't eat any food.
Just drink juice.**



Eat well diet

**Eat as much as you like of
these:**

meat • fish
chicken • cheese
apples • egg
chocolate

The good egg diet

**Eat one egg with
every meal.**
egg and bread
egg and meat
egg and
potatoes
egg and soup
egg and cheese

TEACHER'S NOTES

WHICH DIET?

Activity

Pairwork. Guessing game.

Focus

Questions with any.
Vocabulary: food.

Preparation

Photocopy one worksheet for each pair.

Procedure

- 1 Explain to students that they are going to play a guessing game.
- 2 Hand out one worksheet to each pair.
- 3 Ask students to choose one of the diets. They mustn't tell their partner which one it is.
- 4 Student A asks questions to find out what Student B's diet is. He/she can use the examples on the worksheet as models. If a certain food isn't mentioned in the diet, students should assume they can't eat it.
- 5 When Student B has guessed the diet, students swap over and play the game again.