

Food and drink

by Jackie Holderness & Annie Hughes

Level 1 • Starter / Beginner +

Age: Primary (6–11)

Language aims: To introduce food vocabulary; to give opinions about likes and dislikes; to discuss the merits of different foods

Time: 20–30 minutes

Student grouping: Individuals, whole class

Materials: One copy of the worksheet per student; pictures or realia of *chocolate, apples, pencils, children, books* to illustrate *lots of*; the audio (downloaded in advance or played via onestopenglish)

Language focus: *Who likes ...?; fruit, vegetables, apples, cereal, yoghurt, milk, rice, eggs, pasta, beans, fish, salad, bread, crisps, cake, sweet drinks, pizza, chocolate, chips; healthy/ unhealthy; Yes/ No; What do you eat lots of? I eat lots of ...*

Procedure

Step 1

Show the children the chocolate and the apple or the pictures of them. Then hold up the chocolate and ask 'Who likes chocolate?' Children put their hands up. Do the same with the apple.

Step 2

Using pictures, teach *lots of apples, chocolate, pencils, children* and *books*.

Step 3

Hold up the apple and say 'healthy'. Write on the board and underline the *h*. Now do this with the chocolate and say it is unhealthy to eat lots of chocolate. Write *unhealthy* on the board and underline the *u*.

Step 4

Hand out a worksheet to each child and elicit the names of the foods there. Hold up your copy and point to individual things and say 'What's this?' Help them with the answers where necessary.

Step 5

Read out all the names of the foods on the page and point to them as you do so. Make sure everyone can see.

Step 6

Point to *healthy* and *unhealthy* on the board. Tell the children they are going to listen to a list of healthy foods. As they hear the name of a food they should find it on the page then write *h* (for *healthy*) in the box by it. Tell the children you will play the audio three times.

Step 7

Play the audio, pausing at the pause marks (//) so that the children can identify the food and write the letter.

Step 8

Point to one type of healthy food on the worksheet and ask the students to put their hands up if they eat lots of this food. Do this with several of the pictures. Say that they are healthy foods and very good for you.

Step 9

In pairs, children ask their partners 'What do you eat lots of?' and their partner should answer 'I eat lots of ...'

Follow-up activity

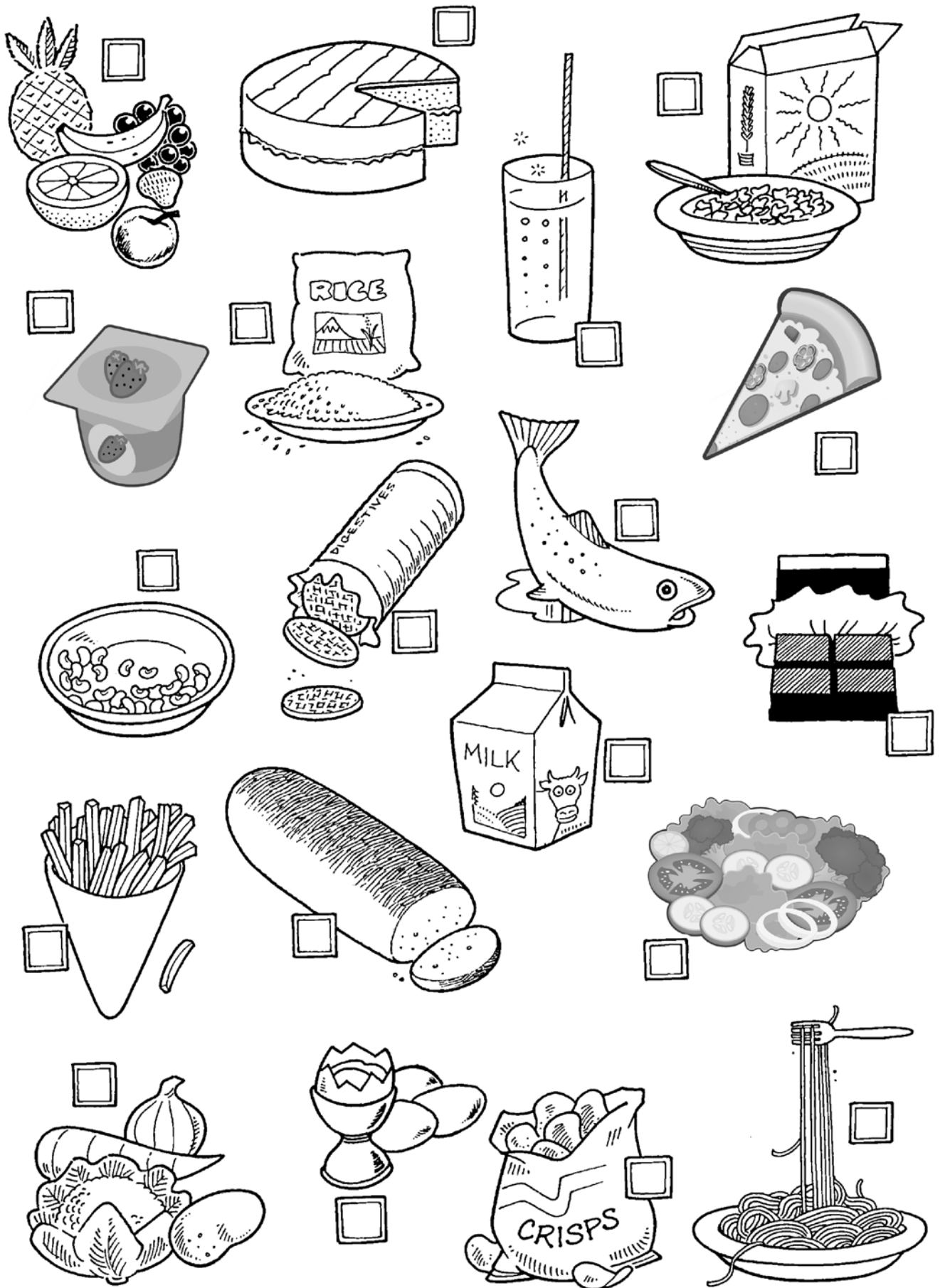
Make a class collage with pictures of healthy foods and label each example. Or students can each make their own collage.

Transcript

vegetables // fruit // cereal // yoghurt // milk // rice // eggs // pasta // beans // fish // salad // bread

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WORKSHEET