## Teacher's notes



Age: Young learners (7-12 years)
Level: Pre-intermediate (A2)
Time: 90 minutes (+ 15 minutes for the optional extra activities)
Activity: In this lesson, students will:

1. focus on vocabulary and speaking related to physical activity and sports/games;
2. improve listening comprehension of real-life English by watching a clip from a UK game show;
3. focus on grammar for describing the rules of a game (have to and can't);
4. utilise new language from this lesson by taking part in a class 'Game Show'.

Language focus: speaking, listening, vocabulary, reading, writing
Materials: one copy of the worksheet per student, a computer or projector, an internet connection in the classroom, several board-pens or pieces of chalk, sheets of scrap paper, a ruler or measuring tape, board game counters (or an alternative); for the optional Extra Activities section you will need plastic cups, packets of multi-coloured sweets (such as Skittles), Blu Tack, blindfolds, straws

## Notes:

1. This lesson is aimed at lower-level learners (approximately A2). However, certain vocabulary from this lesson would typically belong at higher levels. This is because the videos referred to are authentic and therefore not graded for language learners. You may wish to let students know that a small number of words from the lesson (e.g. 'to grip', 'to swing') are from a higher level. Let students know that they shouldn't worry if they find the lesson challenging or if they hear certain words that they don't understand.
2. This lesson contains exercises which focus on listening, speaking, vocabulary and grammar. If you wish to maximise class time for listening and speaking, you could ask students to complete the reading and vocabulary exercises as preparatory homework before the lesson. It would then only be necessary to quickly correct these parts in class. The exercises which could be done as preparatory homework are marked with a symbol.

## 1. Vocabulary ( 10 minutes)

Aims: to create interest in the topic of the lesson, to provide students with verbs which will help them to talk about the topic of the lesson (games, sports, competitions) Procedure: As a warmer activity, first ask students to work in groups of three. Each group should choose a writer. Give each group a sheet of paper. Tell them that they are going to have a competition about action verbs. Elicit two or three simple examples of verbs which describe physical actions (e.g. 'to run', 'to dance'). Then tell them that they have one minute to write down as many action verbs as possible. After a minute, groups should swap sheets and correct the suggestions of another group. Monitor them as they correct. The winning group is the one with the highest number of correct action verbs.
Now hand out the student worksheets. Tell students that they are going to see some more action verbs which will be useful for this lesson. Ask them to complete Task 1 in the same groups of three. Monitor as they do this, helping weaker students. Elicit the correct answers and focus on correct pronunciation.

## Key:

1. climb, 2. jump, 3. fall, 4. swim, 5. balance, 6. crawl, 7. swing, 8. hold, 9. stand

## 2. Speak (10 minutes)

Aims: to provide spoken practice of action verbs from the previous task, to personalise and develop interest in the topic of the lesson (sports, games, physical activity)
Procedure: Students work in pairs. Each pair will need a coin and two counters. Read the instructions from the student worksheet aloud so that all students understand the instructions for the coin-toss (ensure that all students agree about which side of the coin is considered heads/tails).


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Also read the example aloud, emphasising that each answer needs to last for at least 20 seconds. Then allow students to play the board game, monitoring and taking notes as they do so. In the end, provide general feedback on good language they have used and correction of important errors.

## 3. Vocabulary, listen and speak (20 minutes)

Aims: to study vocabulary which will help students to understand a short video, to provide listening practice, to understand a simple TV clip, to provide speaking practice on topics related to physical exercise and competitions

Procedure: Ask students to work in pairs. Tell them that they will watch a video in a moment but that first they are going to look at some vocabulary which will help them to understand the video. Give them a few minutes to complete the vocabulary task, 3A. Monitor as they do this and help weaker students. Finally, elicit the correct answers and focus on pronunciation of new words.

Key:


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Tell students that they are going to watch a video of a competition. Ask students to read the eight verbs that they must watch out for in the video. Play the video ('Katie McDonnell conquers the course - Ninja Warrior UK' www.youtube.com/watch?v=-5gFOH6WAPI) and allow students to compare their answers in pairs. Finally, elicit the correct answers.

Key:

| swim | climb | grip | crawl | swing | balance | fall | jump |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |

Now ask students to read through the task where they need to complete the descriptions of the six activities. They may be able to identify many of the answers from memory. Play the video again, and then allow students to compare their answers in pairs. Finally, elicit the correct answers.

Key:
Activity 1 - She leaps over the pool.
Activity 2 - She holds onto the big, red cushion.
Activity 3 - She balances on the red and black columns.
Activity 4 - She climbs across the net.
Activity 5 - She swings across the curtains.
Activity 6 - She runs up the wall.
Ask students in pairs to discuss the questions in Task 3C.
Monitor as they do so and help them with difficult language.
Then give feedback. Focus on ideas students have mentioned which will be relevant to the following activity (competitions, party games).

## 4. Watch, grammar and speak (20 minutes)

Aims: to describe actions seen in a short video, to study grammar for talking about rules, to verbally describe the rules of various sports and games
Procedure: Ask students to work in pairs. Tell them that they are going to watch a short video. The video has no speaking, but the students must watch carefully so that they can later describe what they have seen. Allow them a moment to read the table in Task 4A and then play the video ('Separation Anxiety (Head-to-Head) - Minute to Win It Gamers' www.youtube.com/watch?v=UIHH9p1Mly8). Ask students to compare their answers. Then elicit the correct answers.

Key:

| Which girl ...? | Girl with the <br> red shirt | Girl with the <br> black shirt |
| :--- | :---: | :---: |
| lets a sweet fall <br> (by accident!) |  | $\checkmark$ |
| puts a sweet into the <br> incorrect glass | $\checkmark$ |  |
| wins the game | $\checkmark$ |  |
| eats a sweet | $\checkmark$ |  |

On the board, write the expressions 'have to' and 'can't' and mention that these expressions are very common for talking about rules. Ask the class if anybody can suggest a rule from the classroom (e.g. 'No eating'). Try to elicit the rule using one of the suggested expressions (e.g. 'The pupils can't eat in class'). Then ask students to complete the table in pairs. Finally, elicit the correct answers.
Key:

| Expression: can't + verb | Expression: have to + verb |
| :--- | :--- |
| Example: In the classroom, | Example: In the classroom, |
| the pupils can't use bad | the pupils have to listen to |
| language. | the teacher. |

Refer students to the following part of the task where they need to write the six rules. Read the instructions aloud and also draw attention to the fact that the first rule has been completed as an example. Play the Separation Anxiety video again. Students then work in pairs to complete the remaining five rules. Finally, elicit the answers.

## Key:

1. You have to stand in front of a table.
2. You have to put one hand behind your back.
3. You have to put the different colours into different glasses.
4. You can't use (your) two hands.
5. You can't put two different colours into the same glass.
6. You have to finish the task in one minute.

Ask students in pairs to discuss the questions in Task 4C. Give feedback, perhaps focusing on the correct use of new words from previous tasks.


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## 5. Game ( 30 minutes, plus an optional 15 minutes for extra activities)

Aims: to consolidate new language from the lesson, to provide spoken practice of language related to games and competitions, to aid long-term recall of language from the lesson by allowing students to participate in a classroom tournament

Procedure: Divide students into small teams. Hand out a copy of the Points chart worksheet to each team, and ask each team to invent a name for themselves and write it on their worksheet. You could also write these names on the board.

Tell students that they are going to take part in a classroom game show. This will involve various activities. First, teams must decide which member(s) will take part in which
activities. Tell them that activities need to be spread evenly (i.e. one or two activities for each member). To decide who does what, they should first read the descriptions of the activities in the table for Task 5. Monitor the teams as they do this, helping them to understand challenging vocabulary from the descriptions. Please note that you will need to tell students whether the game show will include just the initial five activities or also include the Extra Activities section.
Once each team has chosen its line-up, do the activities as outlined in the table below. After each activity, make sure each team keeps track of their points on their Points sheet. You may wish to also keep your own record of the points for each group by using the Game show points chart at the end of these Teachers' Notes or writing them on the board.

| Activity | Instructions for teacher | Materials needed | Scoring |
| :--- | :--- | :--- | :--- |
| 1. Board Run | Each team presents two students. All students stand <br> against the back wall of the classroom. Each pair of <br> students has a board pen. Explain that you will say <br> a category (such as 'fruit'). One student from each <br> pair must run to the board and write any word in that <br> category (e.g. 'apple'). The student then runs back <br> to the wall and passes the pen to their teammate, <br> who runs and writes another word. The pairs need to <br> continue this relay until a minute has passed. <br> Ideas for categories: vegetables, furniture, clothes, <br> classroom objects, etc. | A board pen (or <br> piece of chalk) for <br> each team | The team with the <br> overall highest number <br> of correct words wins 1 <br> point. The other teams <br> get 0 points. |
| 2. Paper <br> Throw | Each team presents one student. These students stand <br> behind a line on the floor. Place a bin (or a chair) a few <br> metres away from the line. The students crumple up <br> some scrap paper into a ball. They need to throw the <br> paper into the bin (or onto the chair). Allow one minute <br> to see which student can get the most shots on target. | Scrap paper | The team with the <br> overall highest number <br> of shots on target wins <br> 1 point. The other <br> teams get 0 points. |
| 3. Spelling | Each team presents one student. The teacher calls out <br> various words (for one minute) and each student must <br> write these words on a sheet of paper. At the end of the <br> minute, the teacher collects the sheets and corrects. <br> Ideas for words: pupil, bicycle, rainbow, writing, shoes, <br> glasses, sunny, etc. | n/a | The team with the <br> overall highest number <br> of correctly-spelled <br> words wins 1 point. <br> The other teams get |
| opoints. |  |  |  |



## Teacher's notes

$\left.\begin{array}{|l|l|l|l|}\hline \text { Activity } & \text { Instructions for teacher } & \text { Materials needed } & \text { Scoring } \\ \hline \text { 4. Big Step } & \begin{array}{l}\text { Each team presents one student. Each student needs } \\ \text { to take the biggest step that they can, keeping both } \\ \text { feet fully on the ground. The teacher measures each } \\ \text { step (with measuring tape or a ruler). }\end{array} & \begin{array}{l}\text { Measuring tape or } \\ \text { a ruler }\end{array} & \begin{array}{l}\text { The team with the } \\ \text { student who had the } \\ \text { biggest step wins 1 } \\ \text { point. The other teams } \\ \text { get 0 points. }\end{array} \\ \hline \begin{array}{l}\text { 5. Back } \\ \text { Writing }\end{array} & \begin{array}{l}\text { Each team presents two students. The first student } \\ \text { stands facing the wall. The second student will see a } \\ \text { word and then use their finger to write the word on their } \\ \text { teammate's back. The teammate needs to guess the } \\ \text { word. Use words from this lesson (e.g. cushion, net, } \\ \text { grip, hold, fall, swim, crawl, etc). Write them on a piece } \\ \text { of paper for the first student to see and then 'write'. } \\ \text { Allow each pair of students one minute for this task. }\end{array} & \text { n/a } & \begin{array}{l}\text { The team with the } \\ \text { student who guesses } \\ \text { the highest number } \\ \text { of correct words (in 1 } \\ \text { minute) wins 1 point. } \\ \text { The other teams get }\end{array} \\ \hline \begin{array}{l}\text { 6. Separation } \\ \text { Anxiety }\end{array} & \begin{array}{l}\text { Each team presents one student. Each student is } \\ \text { given a bag of multi-coloured sweets and various } \\ \text { empty plastic glasses. Students have one minute to } \\ \text { try to separate all the sweets according to their colours } \\ \text { (as seen in the video earlier in this lesson). If no team } \\ \text { has completed the task within one minute, no team } \\ \text { gets a point. }\end{array} & \begin{array}{l}\text { Bags of multi- } \\ \text { coloured sweets } \\ \text { (one per team), } \\ \text { plastic cups }\end{array} & \begin{array}{l}\text { The team with the } \\ \text { fastest student to } \\ \text { separate all the colours } \\ \text { (in a minute) wins 1 } \\ \text { point. The other teams } \\ \text { get 0 points. }\end{array} \\ \hline \begin{array}{l}\text { 7. Tail On The } \\ \text { Donkey }\end{array} & \begin{array}{l}\text { Draw a big picture of a donkey on the board (or get a } \\ \text { student to do so). Draw some pictures of a donkey's } \\ \text { tail on various sheets of paper (you will need one tail } \\ \text { per team). } \\ \text { Each team presents one student. This student is } \\ \text { blindfolded and given a picture of the tail and some Blu } \\ \text { Tack. Their goal is to put the tail in the right position on } \\ \text { the donkey. Each blindfolded student is helped by their } \\ \text { teammates who shout directions (in English). Set a } \\ \text { time limit of two or three minutes for this task. }\end{array} & \begin{array}{l}\text { A blindfold (one } \\ \text { per team), Blu } \\ \text { Tack, hand-drawn } \\ \text { pictures of a } \\ \text { donkey's tail (one } \\ \text { per team) }\end{array} & \begin{array}{l}\text { Each team whose } \\ \text { student has placed the } \\ \text { tail in the (approximate) } \\ \text { correct position wins }\end{array} \\ \text { 1 point. }\end{array}\right\}$

The team with the highest number of points is the overall winner. Perhaps award a prize to this team.
If you wish, you could ask students to complete a short writing task for homework. They need to choose one of the activities they have done in class and write the rules for this activity using the expressions can't and have to.

## Teacher's notes

## Game show points chart

| Activity | Group 1 <br> Name: | Group 2 <br> Name: | Group 3 <br> Name: | Group 4 <br> Name: | Group 5 <br> Name: | Group 6 <br> Name: |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1. Board Run |  |  |  |  |  |  |
| 2. Paper Throw |  |  |  |  |  |  |
| 3. Spelling |  |  |  |  |  |  |
| 4. Big Step |  |  |  |  |  |  |
| 5. Back Writing |  |  |  |  |  |  |

Extra activities:

| 6. Separation Anxiety |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 7. Tail On The Donkey |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 8. Blow Football |  |  |  |  |  |  |
| Totals: |  |  |  |  |  |  |

## Worksheet

## 1. Vocabulary

Write the correct verbs into the gaps to make sentences.

| fall hold swing | stand swim jump | crawl balance climb |
| :---: | :---: | :---: |
| 1. (to move up) <br> Monkeys $\qquad$ trees. | 2. (to move up) <br> Kangaroos don't walk, they $\qquad$ . <br> (similar verb: leap) | 3. (to move down) <br> Apples $\qquad$ from a tree. |
| 4. (to move in water) <br> People $\qquad$ in a pool. | 5. (to stay equal, with good control) <br> It is difficult to $\qquad$ on a surfboard. | 6. (to move on your hands and knees) <br> Babies $\qquad$ before they can walk. |
| 7. (to move from left to right) <br> Baseball players $\qquad$ the bat and then hit the ball. | 8. (to keep something in your hand) <br> Tennis players $\qquad$ the racket. <br> (similar verb: grip) | 9. (to stay in one place, on your feet) <br> When there are no seats on the train, you need to $\qquad$ . |

## Worksheet

## 2. Speak

Can you talk for 20 seconds?
Play the board game in pairs. When it's your turn, toss a coin:

- heads = move one square
- tails = move two squares

When you land on a square, you need to talk for 20 seconds about the item in that square. If you can't talk for the full 20 seconds, you need to return to the previous square. The winner is the person who reaches 'finish' first.

## Example:

Imagine you land in square 7 - 'Describe a place in your school where a lot of people fall.'
'In my school, a lot of people fall in the yard. This is the place where the pupils go at break-time and they do a lot of things there. They play football, they run very fast, sometimes they climb trees. That's why a lot of people fall in this place. I don't fall much because I'm careful.'

## ACTION VERBS BOARDGAME




Worksheet
3a. Vocabulary
Use the eight words to describe what you see in the photos.


## Worksheet

## 3b. Listen

You are going to watch a video clip from the TV series Ninja Warrior UK (ITV).
www.youtube.com/watch?v=-5gFOH6WAPI
The first time you watch: Put a tick ( $\mathcal{\checkmark}$ ) for the actions that we see the woman doing.

| swim | climb | grip | crawl | swing | balance | fall | jump |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |

The second time you watch: In the video, the woman does six different activities. Read the descriptions of these activities below and complete the sentences with the missing words from the box.

| net | wall | cushion | curtains | pool |
| :---: | :---: | :---: | :---: | :---: | columns

Activity 1 - She leaps over the $\qquad$ .

Activity 2 - She holds onto the big, red $\qquad$ .

Activity 3 - She balances on the red and black $\qquad$ .

Activity 4 - She climbs across the $\qquad$ .

Activity 5 - She swings across the $\qquad$ .

Activity 6 - She runs up the $\qquad$ .

## 3c. Speak

Talk in pairs:
Which activity do you think is the most difficult from the video? Why?
Do you think Ninja Warrior UK is a good TV series? Why?
Is there a similar TV series in your country? Describe it.

## 4a. Watch

You are going to watch a video called Separation Anxiety.
www.youtube.com/watch?v=UIHH9p1MIy8
Watch the video for the first time. It shows two girls. One girl is wearing a red shirt and the other girl is wearing a black shirt. For each of the items in the table, tick ( $\checkmark$ ) the correct girl.

| Which girl ... ? | Girl with the red shirt | Girl with the black shirt |
| :--- | :--- | :--- |
| lets a sweet fall (by accident!) |  |  |
| puts a sweet into the incorrect glass |  |  |
| wins the game |  |  |
| eats a sweet |  |  |

## Worksheet

## 4b. Grammar and watch

In English, there are two very important expressions for talking about rules:
have to + verb $\quad \underline{\text { can't }+\underline{v e r b}}$
In the table below, put each expression into the correct position. Then complete the examples.

| Expression: | Expression: |
| :--- | :--- |
| Example: In the classroom, the pupils | Example: In the classroom, the pupils |
| use bad language. | Use: This expression describes actions which <br> are necessary / obligatory. |
| Use This expression describes actions which <br> are prohibited / not allowed. | leacher. |

Now watch the Separation Anxiety video for the second time. Next write the six rules of the game. Use the information from the table below to help you.

| 'rules' expressions | verbs | other ideas |
| :--- | :--- | :--- |
|  |  | $\ldots$ a table |
| can't | put | $\ldots$ one hand / behind |
| have to | finish | $\ldots$ different colours / different glasses |
|  | stand | $\ldots$ two hands |
|  | use | $\ldots$ different colours / the same glass |
|  |  | $\ldots$ task / one minute |


| Separation Anxiety: The rules of the game |
| :--- | :--- | :--- |
| 1. You have to stand in front of a table |
| 2. ._. |
| 3. |
| 4. |
| 5. |.

## Worksheet

## 4c. Speak

## Talk in pairs:

Do you think Separation Anxiety is a difficult game? Why / Why not?
Do you know any games which are popular at birthday parties? Describe them.
Choose a sport from the box. Describe the basic rules.

| basketball | tennis | football | golf | frisbee | Formula 1 |
| :--- | :--- | :--- | :--- | :--- | :--- |

## 5. Game

You are going to participate in a classroom game show! Work in teams. Your team is going to do some different activities. In the table below, you will see an explanation of each activity.

Instructions:

- choose a name for your team
- choose which students from your team will do each activity

| Activity | Explanation | Number of pupils per team | Choose a pupil (or pupils) who can ... |
| :---: | :---: | :---: | :---: |
| 1. Board Run | - The teacher says a category <br> - The pupils run to the board to write vocabulary about that category | 2 | - run fast <br> - think of a lot of vocabulary |
| 2. Paper Throw | - Pupils throw paper from a distance and try to hit the correct point | 1 | - throw things very well |
| 3. Spelling | - The teacher says a word <br> - The pupils need to spell the word | 1 | - spell words correctly |
| 4. Big Step | - The pupil who can take the biggest step is the winner | 1 | - take a big step (for this task, it's good to have long legs!) |
| 5. Back Writing | - One pupil uses his/her finger to 'write' a word from this lesson another pupil's back <br> - The other student needs to say the word | 2 | - spell words correctly <br> - think of a lot of vocabulary |

## Worksheet

| Extra activities: |  |  |  |
| :---: | :---: | :---: | :---: |
| 6. Separation Anxiety | - Pupils need to separate sweets into different colours (like in the video) | 1 | - work very quickly |
| 7. Tail On The Donkey | - A picture of a donkey is on the board <br> - Pupils cover their eyes and try to find the correct place to put the donkey's tail | 1 | - walk without looking <br> - understand directions in English |
| 8. Blow Football | - Pupils use a straw to blow a little paper ball into a goal | 1 | - blow a lot of air! |

Now start. After each activity, write your number of points onto your Points Page (your teacher will tell you how many points you have won).
At the end, the team with the most points is the winner. Good luck!


Points page

Points page - Team name: $\qquad$

|  | Activity |
| :--- | :--- |
|  |  |
| 1. Board Run |  |
| 2. Paper Throw |  |
| 3. Spelling |  |
| 4. Big Step |  |
| 5. Back Writing |  |
| Extra activities: |  |
| 8. Blow Football |  |
| 6. Separation Anxiety |  |

