### SIGHT AND LIGHT

Pathology of vision: Everyday problems Stefka Kitanova



### 1 Accommodation

**Speaking** 

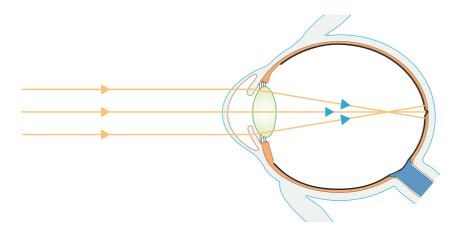
Try to look at an object near your eye (eg, a pen or a pencil in your hand stretched in front of you). At the same time try to look through a window at another object far away (eg, a tree, house, or wall). Can you do that? Explain.

Have you ever looked out the window on a fast-moving bus/car/train? Did changing your focus from the near to distant make you feel sick? Describe why your brain gets confused if you read in a moving vehicle.

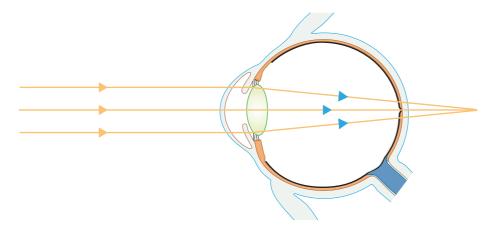
# 2 Short-sightedness and long-sightedness

**Speaking** 

Work in pairs. Look at the pictures and describe what causes short-sightedness and long-sightedness.



Short sight (myopia)



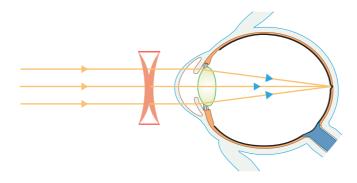
Long sight (hyperopia)



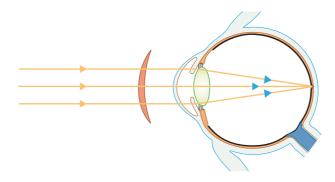
# **Useful language**

parallel	refract	díverge
converge	elongated	compressed
focal point	convex	concave

Now look at these diagrams and explain how problem of short-sightedness and long-sightedness can be solved.



Short-sightedness being corrected by a double concave lens



Long-sightedness being corrected by a convex lens.



3 Conjunctivitis Reading

# Read the text and fill in the blanks from the list below:

Conjunctivitis is a v ery common problem. People sometimes call it 'pink-eye', because the eye looks pink when the thin film over the (1) inside the (2), which is called the (3), becomes inflamed.							
Conjunctivitis is classified as infectious, allergic or chemical, depending on its cause. (4) conjunctivitis is carried by (5), or by a virus. People can develop allergic reactions to particular pollens or (6), or to fabrics or cosmetics. Causes of (7) conjunctivitis include air pollution and the (8) used in swimming pools.							
The symptoms are an itchy irritation in the eye, which waters and looks red. The inner eyelid becomes (9), vision may be blurred, and sometimes a thicker liquid is produced as well.							
If you can identify the cause of your conjunctivitis, you should simply keep away from it. It is important not to share towels or cosmetics, and to wash your (10) regularly especially after they have touched your eyes, so that the infection does not (11) to those around you. If the conditions persists, you should consult an (12)							
animals hands	bacteria infectious	chemical inflamed		•	eyeball eyelid		



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# **Teacher's Notes and Answer Key**

This worksheet will take about 45 minutes to complete. It is suitable for secondary school students of general science, biology or physics and could follow on from a general introduction to light and vision.

### 1 Accommodation

**Speaking** 

#### **Aims**

- to focus students' attention on the mechanism of their own eyesight
- to evaluate students' initial competence with spontaneous conjecturing and hypothesizing in English

These questions can be asked to the whole class and a short open discussion can develop.

### Key

It is not possible to focus simultaneously on near and distant objects because the shape of the lens in the eye needs to change. This ability weakens with age so that by the age of 60 everyone finds that they can no longer focus well on very close objects. The process of refocusing the eye is called accommodation.

Motion sickness in general is caused by the contrast between information being received through the eyes and through the balance and motion sensors in the inner ear. For this reason, it is helpful to look out of the window, and to open the window so that a breeze can be felt and the body realizes it really is moving.

# 2 Short-sightedness and long-sightedness

**Speaking** 

#### **Aims**

- to present two very common eye problems and their remedies
- to describe a diagram and explain its meaning



Talk through the words in the useful language box, explaining their meaning.

Parallel straight lines that will never meet

Refract to bend a beam of light

Diverge to move apart

Converge to move together

Elongated stretched out into a longer shape

Compressed pushed together into a shorter shape

Focal point where beams of light cross and an image is focused

Convex curved outwards

Concave curved inwards

Students work in pairs so that they can help one another to describe the diagrams and work out their meaning.

### Key

In short-sightedness the eye ball is elongated, so that the focus of the image is not on the retina but in front of it. Using double concave glasses we move the focus back onto the retina.

In long-sightedness the eye ball is compressed and the focus of the image is behind the retina. By using double convex glasses we shorten the focus and the image moves back onto the retina.

# 3 Conjunctivitis

Reading

#### **Aims**

- to understand conjunctivitis (/kənˌdʒʌŋkt¹vaɪtɪs/)
- to demonstrate understanding of the context by selecting the correct words to complete the text

Students initially work alone, but should then check in pairs before whole-class feedback.



### Key

1 eyeball; 2 eyelid; 3 conjunctiva; 4 Infectious; 5 bacteria; 6 animals; 7 chemical; 8 chlorine; 9 inflamed; 10 hands; 11 spread; 12 ophthalmologist

Conjunctivitis is a very common problem. People sometimes call it 'pink-eye', because the eye looks pink when the thin film over the <u>eyeball</u> inside the <u>eyelid</u>, which is called the <u>conjunctiva</u>, becomes inflamed.

Conjunctivitis is classified as infectious, allergic or chemical, depending on its cause. <u>Infectious</u> conjunctivitis is carried by <u>bacteria</u>, or by a virus. People can develop allergic reactions to particular pollens or <u>animals</u>, or to fabrics or cosmetics. Causes of <u>chemical</u> conjunctivitis include air pollution and the <u>chlorine</u> used in swimming pools.

The symptoms are an itchy irritation in the eye, which waters and looks red. The inner eyelid becomes <u>inflamed</u>, vision may be blurred, and sometimes a thicker liquid is produced as well.

If you can identify the cause of your conjunctivitis, you should simply keep away from it. It is important not to share towels or cosmetics, and to wash your <u>hands</u> regularly especially after they have touched your eyes, so that the infection does not <u>spread</u> to those around you. If the conditions persist, you should consult an <u>ophthalmologist</u>.

