Activity 1: Introduction

What do you know about Chinese New Year? See how many of these questions you can answer, then check your answers using the following weblink: www.bbc.co.uk/northernireland/schools/4_11/cultureclub/learning/chinainfo.shtml

1. By what other name is Chinese New Year known?
2. When is it celebrated?
3. When is the lantern festival?
4. Why do people clean their house before the start of New Year?
5. What do the colours red and gold represent?
6. Why do children like to get red envelopes?
7. In the lion dance, why does the lion have a mirror on its head?
8. What will you often find painted on the new year lanterns?

Activity 2: Traditional food

Food is always important for festivals and celebrations – and for Chinese New Year, it is no different. Find the answers to these questions using the following weblink: chinesenewyear2018.com/food

1. What is nian gao and how is it different in the north and south of China?
2. In China, different types of food are often associated with something important. Match these foods with what they represent:
   1. fish  a. family reunion
   2. chicken  b. surplus and wealth
   3. noodles  c. prosperity (wealth)
3. Why are vegetables traditionally eaten at this time?
4. Who do people offer chicken to first after it is cooked and why?

Activity 3: Customs and traditions

Decide whether the following customs and traditions related to Chinese New Year are true (T) or false (F).

1. Families usually gather together for a big meal on New Year’s Day.
2. Families eat lots of different dishes for their New Year meal.
3. Money is given in red envelopes by younger people to older people.
4. Fireworks were traditionally used to scare away evil spirits.
5. The colour red can be seen everywhere during Chinese New Year.
6. Lion dances are performed by many dancers.
7. Apples are a popular fruit during New Year.
8. People often visit the temple on the first day of the New Year.
Now check your answers using the following webpage: theculturetrip.com/asia/china/articles/10-chinese-new-year-traditions

What other customs and traditions about Chinese New Year can you find? Are there any that are similar to those in your culture? Discuss these with a partner.

Activity 4: The calendar and zodiac signs

Use the website below to answer these questions. www.webexhibits.org/calendars/calendar-chinese.html

1. Is the Chinese calendar solar or lunar?
2. How many months are there in the Chinese calendar?
3. How does the Chinese calendar count years?
4. What is special about the year 2033?
5. Which zodiac animals are associated with the years 2019 and 2020?

Go to www.topmarks.co.uk/ChineseNewYear/Zodiac to find out what your zodiac animal is and what its characteristics are, then discuss with a partner. Do the characteristics match your personality?