Reading one: Mozzie madness
You're lying in bed and just about to fall asleep when you can hear a faint high-pitched buzz. You turn over and try to ignore it. It gets louder and louder and then it's right near your ear. Oh no! A mozzie! If you're me you have to get out of bed and spend the next ten or fifteen minutes finding the insect which is almost an impossible task but there's no sleep until it is dead. But imagine a worse scenario: not only will the insect keep you awake with its buzzing, and give you a bite that itches for days afterwards: it may also give you one of the deadliest diseases in the world. For many people there is no choice but to get out of bed and make sure that it does not live.