Reading: Fat Frank

Fat vocabulary
Fat is the most common and direct word.

1 _________ is a more neutral word: I’m a bit _________. It can also mean too fat, especially so that you are not fit.

2 _________ is less offensive than fat: She’s a rather ________ woman.

3 _________ describes someone who is tall as well as fat.

4 _________ means slightly fat in an attractive way, often used to describe women.

5 _________ is used mainly to describe babies and children who are fat in a pleasant, healthy-looking way: the baby’s _________ cheeks.

6 _________ (informal) is used in a friendly way to describe people who are short and round, especially around the stomach.

7 _________ describes flesh that is fat and loose and it can sound offensive: exercises to firm up _________ thighs.

8 _________ is used by doctors to describe people who are so fat that they are unhealthy. It is also used in a general way to mean ‘really fat’.

big chubby flabby large obese overweight plump tubby

Do you agree with this point of view?

“Although people talk a lot about their own size or weight, it is generally not considered polite to refer to a person’s large size or their weight when you talk to them. It is not polite to say to someone that they are fat.”
Reading: Fat Frank

Thin vocabulary
Thin is the most usual word: Steve is tall and thin and has brown hair. It is sometimes used with a negative meaning: Mother looked thin and tired after her long illness.

The following words all express **praise or admiration**:

1. _______ means pleasantly thin. It is often used to describe women who have controlled their weight by diet or exercise: She has a beautifully _______ figure.

2. A _______ girl or woman is thin and graceful.

3. A _______ man is thin and fit.

The following words are more **negative** in their meaning:

4. _______ means very thin, often in a way that is not attractive: a _______ little kid.

5. _______ describes parts of the body when they are so thin that the bones can be seen: e.g. The old man’s _______ hands.

6. _______ describes a person who is a little too thin and looks sad or ill.

7. _______ is used in medical contexts to describe people who are too thin because they are ill or have not had enough food: Women who smoke risk giving birth to _______ babies.

8. _______ is a medical term, but is now also used informally to describe a girl or woman who is so thin that you are worried about them.

<table>
<thead>
<tr>
<th>anorexic</th>
<th>bony</th>
<th>gaunt</th>
<th>lean</th>
<th>skinny</th>
<th>slender</th>
<th>slim</th>
<th>underweight</th>
</tr>
</thead>
</table>

Do you agree with this point of view?

“It is more acceptable to talk to somebody about how thin or slim they are than about how fat they are.”