Breakfast

Before you hand out the worksheets, write the word Breakfast on the board and, in pairs, ask the students to think of all the words they associate with Breakfast. You could build up a list on the board. Use this time to check for words they might not know and to check pronunciation.

Vocabulary

Explain that one word from the box can go after the words in each of the puzzles to form common collocations. Students can do the puzzles individually, then check in pairs. If you have a dictionary, they could use one. Make sure they understand rye bread (a brown bread from the rye grain) and two per cent milk (two per cent milk is milk that is partly skimmed).

Answers
1. juice; 2. bread; 3. milk; 4. coffee; 5. tea; 6. egg

Listening

Explain that the students are going to listen to a series of short interviews. Allow them time to read the exercises first. If students find listening hard, then play the audio and pause after each speaker. They may need to hear it twice.

Answers
1. Some cereal with milk, some toast and maybe some orange juice.
2. When I’m on vacations I usually have French toast or something more elaborate.
3. I usually have porridge with some seeds on.
4. A power granola bar.
5. Toast that has raisins in it and a little bit of margarine.

Speaking

Ask the students to discuss the questions in small groups. Encourage them to use the useful phrases in 4 and any vocabulary they have learned/reviewed. At the end, ask each group to report back to the class. Which is the most popular breakfast food?
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Transcript

Introduction
Welcome to onestopenglish's Live from London podcast. In Live from London we go to different parts of London to ask locals and visitors questions about their daily lives. Today, Live from London reports from outside a café on London’s South Bank. We asked people the question: What do you usually have for breakfast?

Speaker 1 (female, Brazil)
Well, it depends on the day but usually some cereal with milk, some toast and maybe some orange juice and that’s it.

Speaker 2 (female, Brazil)
Well, ... school days I have cereal or some coffee but when I’m on vacations ... I usually have ... French toast or something more elaborate.

Speaker 3 (male, England)
I usually have porridge, with some seeds on, ... and yoghurt and either apple or fruit in it. ... plus ..., ... tea.

Speaker 4 (male, US – California)
One of the items I love to have for breakfast is ... a power granola bar. That’s usually what I have.

Speaker 5 (female, Canada)
I tend to have cereal with milk, two per cent, and I have toast that has raisins in it and a little bit of margarine. So one toast, one bowl of cereal and that’s it.

Speaker 6 (male, England)
I don’t actually have breakfast. What I do is I sort of start work at about about half five and I’ll stop around about half ten and I’ll have a roll with cheese and tomato something like that. Cup of coffee. And then that’s me done!

Speaker 7 (male, England)
Two pieces of rye bread. Two tomatoes. And three egg whites.

Speaker 8 (male, England)
I usually have cereal or some boiled eggs and toast.
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1. Complete the puzzles using words from the box.

   egg  coffee  tea
   bread  milk  juice

   1. orange  apple  grapefruit  fruit
   2. brown  white  rye  fresh
   3. whole  2%  skimmed  cow’s
   4. strong  black  sweet  white
   5. strong  weak  herbal  green
   6. scrambled  boiled  fried  chocolate

Listening

2. Listen to eight people answer the question: What do you usually have for breakfast? Tick the breakfast items as you hear them. Add more ticks if you hear the item more than once.

   Breakfast menu
   - bacon
   - eggs
   - sausages
   - cereal
   - toast
   - yoghurt
   - milk
   - coffee
   - tea
   - orange juice
   - water
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3. Now listen again and put the phrases in order you hear them.

___ A power granola bar.
___ A roll with cheese and tomato something like that.
___ I usually have porridge with some seeds on.
___ Some boiled eggs and toast.
___ Some cereal with milk, some toast and maybe some orange juice.
___ Toast that has raisins in it and a little bit of margarine.
___ Two pieces of rye bread. Two tomatoes. And three egg whites.
___ When I'm on vacations I usually have French toast or something more elaborate.

4. Listen one more time. Can you complete the useful phrases with a word or words?

1. Well, it depends ______ ______ ______ but usually… (speaker 1)
2. One of the ______ I love to have for breakfast is…(speaker 4)
3. I tend ______ ______ cereal with milk… (speaker 5)
4. I don't ______ have breakfast. What ______ ______ is I sort of… (speaker 6)

Speaking

5. Discuss the following questions.

• Do you eat breakfast? If yes, at what time?
• What do you usually have for breakfast?
• Imagine a very special morning. What would you have for breakfast?