

Breakfast

Live from London podcasts

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Level: Elementary and above
Age: Teenagers / adults
Time needed: 30 minutes approx
Language focus: Breakfast food and drink; useful phrases to talk about routines

Warm up

Before you hand out the worksheets, write the word *Breakfast* on the board and, in pairs, ask the students to think of all the words they associate with *Breakfast*. You could build up a list on the board. Use this time to check for words they might not know and to check pronunciation.

Vocabulary

Explain that one word from the box can go after the words in each of the puzzles to form common collocations. Students can do the puzzles individually, then check in pairs. If you have a dictionary, they could use one. Make sure they understand *rye bread* (a brown bread from the rye grain) and *two per cent milk* (*two per cent milk* is milk that is partly skimmed).

Answers

1. juice; 2. bread; 3. milk; 4. coffee; 5. tea; 6. egg

Listening

Explain that the students are going to listen to a series of short interviews. Allow them time to read the exercises first. If students find listening hard, then play the audio and pause after each speaker. They may need to hear it twice.

Answers

1. Some cereal with milk, some toast and maybe some orange juice.
2. When I'm on vacations I usually have French toast or something more elaborate.
3. I usually have porridge with some seeds on.
4. A power granola bar.
5. Toast that has raisins in it and a little bit of margarine.



6. A roll with cheese and tomato something like that.
7. Two pieces of rye bread. Two tomatoes. And three egg whites.
8. Some boiled eggs and toast.

Now let students listen again and try to complete the phrases in Exercise 4 with a word or words. Ask them to check in pairs, then as a class. Go over the pronunciation of the phrases.

Answers

1. Well, it depends on the day but usually... (speaker 1)
2. One of the things I love to have for breakfast is... (speaker 4)
3. I tend to have cereal with milk ... (speaker 5)
4. I don't actually have breakfast. What I do is I sort of... (speaker 6)

Speaking

Ask the students to discuss the questions in small groups. Encourage them to use the useful phrases in 4 and any vocabulary they have learned/reviewed. At the end, ask each group to report back to the class. Which is the most popular breakfast food?

Transcript

Introduction

Welcome to onestopenglish's Live from London podcast. In Live from London we go to different parts of London to ask locals and visitors questions about their daily lives. Today, Live from London reports from outside a café on London's South Bank. We asked people the question: What do you usually have for breakfast?

Speaker 1 (female, Brazil)

Well, it depends on the day but usually some cereal with milk, some toast and maybe some orange juice and that's it.

Speaker 2 (female, Brazil)

Well, ... school days I have cereal or some coffee but when I'm on vacations ... I usually have ... French toast or something more elaborate.

Speaker 3 (male, England)

I usually have porridge, with some seeds on, ... and yoghurt and either apple or fruit in it. ... plus ..., ... tea.

Speaker 4 (male, US – California)

One of the items I love to have for breakfast is ... a power granola bar. That's usually what I have.

Speaker 5 (female, Canada)

I tend to have cereal with milk, two per cent, and I have toast that has raisins in it and a little bit of margarine. So one toast, one bowl of cereal and that's it.

Speaker 6 (male, England)

I don't actually have breakfast. What I do is I sort of start work at about about half five and I'll stop around about half ten and I'll have a roll with cheese and tomato something like that. Cup of coffee. And then that's me done!

Speaker 7 (male, England)

Two pieces of rye bread. Two tomatoes. And three egg whites.

Speaker 8 (male, England)

I usually have cereal or some boiled eggs and toast.



Vocabulary




1. Complete the puzzles using words from the box.

egg	coffee	tea
bread	milk	juice

- | | | | |
|---|-------|--|-------|
| 1. orange
apple
grapefruit
fruit | _____ | 2. brown
white
rye
fresh | _____ |
| 3. whole
2%
skimmed
cow's | _____ | 4. strong
black
sweet
white | _____ |
| 5. strong
weak
herbal
green | _____ | 6. scrambled
boiled
fried
chocolate | _____ |

Listening

2. Listen to eight people answer the question: What do you usually have for breakfast?
Tick the breakfast items as you hear them. Add more ticks if you hear the item more than once.

 *Breakfast menu*

<input type="checkbox"/> bacon	<input type="checkbox"/> milk
<input type="checkbox"/> eggs	<input type="checkbox"/> coffee
<input type="checkbox"/> sausages	<input type="checkbox"/> tea
<input type="checkbox"/> cereal	<input type="checkbox"/> orange juice
<input type="checkbox"/> toast	<input type="checkbox"/> water
<input type="checkbox"/> yoghurt	

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3. Now listen again and put the phrases in order you hear them.

- ___ A power granola bar.
- ___ A roll with cheese and tomato something like that.
- ___ I usually have porridge with some seeds on.
- ___ Some boiled eggs and toast.
- ___ Some cereal with milk, some toast and maybe some orange juice.
- ___ Toast that has raisins in it and a little bit of margarine.
- ___ Two pieces of rye bread. Two tomatoes. And three egg whites.
- ___ When I'm on vacations I usually have French toast or something more elaborate.



4. Listen one more time. Can you complete the useful phrases with a word or words?

1. Well, it depends _____ but usually... (speaker 1)
2. One of the _____ I love to have for breakfast is...(speaker 4)
3. I tend _____ cereal with milk... (speaker 5)
4. I don't _____ have breakfast. What _____ is I sort of... (speaker 6)

Speaking

5. Discuss the following questions.

- Do you eat breakfast? If yes, at what time?
- What do you usually have for breakfast?
- Imagine a very special morning. What would you have for breakfast?