



## **HOLIDAY FOOD AND EATING**



### *An American Holiday*

Thanksgiving is an American holiday. It is a time when families in America come together. There are two important traditions at Thanksgiving: eating and giving thanks. People often eat a very big meal early in the day – at about 3 or 4 pm. At dinner, people often talk about what good things in their life they are thankful for. Many people in America also do volunteer work at Thanksgiving. They help people who are homeless or hungry. Thanksgiving is always on the fourth Thursday of November.

### **1. A Thanksgiving Menu**

a) Look at this menu for a Thanksgiving dinner. Put words from the menu in the right columns. Look up the words you don't know in your dictionary.

### **A THANKSGIVING MENU**

Corn and Rice Soup with Sausages

Roast Turkey with Butter

Bread Stuffing with Mushrooms and  
Bacon

Cranberry Sauce with Honey

Roast Potatoes with Mustard and  
Cheddar Cheese

Green Beans with Roasted Onions

Baked Squash with Apples

Lettuce Salad

Pumpkin Pie with Vanilla Ice Cream

California White Wine

Still or Sparkling Mineral Water

Coffee or Tea

MEAT	VEGETABLES	DRINKS
FRUIT	DESSERT	OTHER

b) Add more words under each heading.

## 2. Holiday Food Survey.

For this mini project divide into groups. Each group has to find the answers to questions. Your teacher will give you some questions. When you have finished, report to the class.



### ***Holiday Food Survey***

GROUP A – Find out about **WHEN** people eat with their family. Here are some questions to ask.

- \*How often do you sit down with your family to eat?
- \*Do you eat with your family at holiday times?
- \*Do you have any family traditions connected with food at holiday times? What are they?

ADD YOUR OWN QUESTIONS TO FIND OUT MORE.



### ***Holiday Food Survey***

GROUP B – Find out about **WHAT** people eat at different times of the year. Here are some questions to ask.

- \* Do you have any holiday like the American Thanksgiving?
- \* What big celebrations do you have during the year in your country?
- \* What do you usually eat during those holidays?

ADD YOUR OWN QUESTIONS TO FIND OUT MORE.



### ***Holiday Food Survey***

GROUP C – Find out **WHO** does the work when people eat together at holiday times. Here are some questions to ask.

- \* Who usually cooks the holiday meal in your family?
- \* If there is meat to eat, who cooks and carves the meat?
- \* Who decides what to eat at a holiday meal in your family? Who does the shopping?
- \* Who cleans up after a holiday meal in your family?

ADD YOUR OWN QUESTIONS TO FIND OUT MORE.

### 3. TASK. A Holiday Menu.

Imagine an important American luxury hotel chain has asked you to prepare a menu of a typical holiday meal for some guests who have the same nationality as you. Look at the menu above for some ideas. Then prepare your own menu.

